



November 2009
Reflexology Association of Connecticut

RACT "A News-Blast From Connecticut"

Message from your President, Joan Myers, ARCB, LMT;

"As we begin the second year of our 2-year term as your Board, we have a few changes to report:

First, we announce the resignation of Patricia Urban, who for personal reasons needed to step down as RACT's Vice President. We extend a hearty and resounding THANK YOU for all her hard work over the past years as a member, as our secretary, and as our vice president. We hope to see Patricia at our quarterly meetings and wish her well.

We extend our appreciation to Annie Miele, who was serving on the RACT Board of Directors, for volunteering to fill the Vice President vacancy for the duration on the term, July 2010, when new elections will be held.

Also, Welcome to Sandra Gleason, who has recently joined the RACT Board and is serving on the Board of Directors, as well as continuing to head up our Hospitality Committee.

Thank you both Annie and Sandra for volunteering more time and energy to RACT.

There is still 1 Board member position open, if any Professional member is interested in joining the Board, please contact me at: simplypeacetherapies@gmail.com"

... And it was a great success!

Both our October events were successful; the Reflexology and Cancer Workshop, taught by Sue Berenson, OCN, MSN, ARCB and the NCB30 Health and Wellness Expo! Thank you to all who participated in these events; we cannot do it without your involvement.

Upcoming Events...

January 24, 2010 will be the date of the next RACT General Membership Meeting.

During the second half of our meeting, RACT member Vickie Roark, will be giving a presentation on Essential Oils and doing a demonstration on how she incorporates them into her sessions.

The meeting will be held from 1 – 3 p.m. at Chapel Hall, 10 Center Street in Prospect, CT.

If you have any ideas for future presentations for our general membership meetings or if there's something you'd like to present to our general membership, we'd like to hear from you. Contact Annie Miele at annie@westportreflexology.com

Dates to Remember:

January 24, 2010; RACT General Membership Meeting; 1- 3 p.m. Chapel Hall, 10 Center Street, Prospect, CT contact Sandra Gleason for more info: gleasonbt@aol.com

To be announced; New dates, after the new year, for Theresa Carr's "Hot Stone Reflexology" Workshop, for more info contact: Theresa Carr at inspiredtouch@snet.net

Don't forget to check the RACT website for any updates or announcements; stay current; it's your business.

And lastly- look for the education survey for upcoming workshop opportunities, we want to know what you would like to see in the future for RACT sponsored events.

Happy Holidays From Your RACT Board!